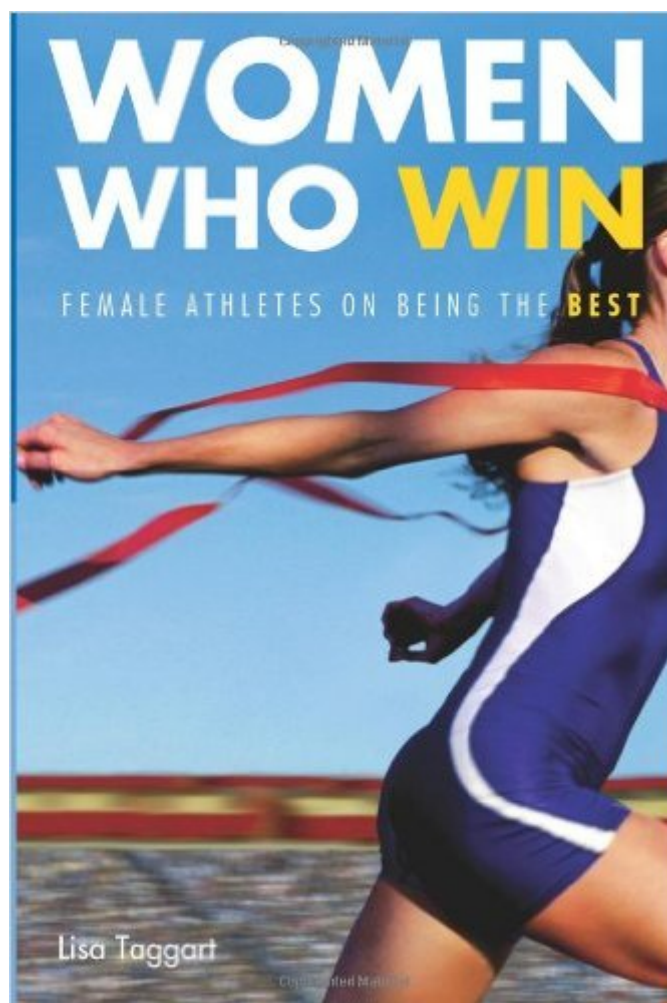


The book was found

Women Who Win: Female Athletes On Being The Best



Synopsis

Whether it's surfer Jamilah Star riding an unprecedented fifty-foot wave, Olympic marathoner Deena Kastor winning the bronze in 2004, or top-ranked climber Lynn Hill facing down a tough climb at Joshua Tree, one thing is certain: these women have game. What's more, these amazing athletes capture our imagination. How do they do it? What motivates them to win and to become the best in their sport? In *Women Who Win*, adventure writer Lisa Taggart takes us behind the scenes, deep into the training regimens and the ultimate victories, to see what makes these women tick; and some of their fellow female athletes tick. Whether their sport is soccer, cycling, mountain biking, or volleyball, these athletes will inspire you to pursue your dreams, whether it's running a marathon or catching your first wave.

Book Information

Paperback: 208 pages

Publisher: Seal Press (April 30, 2007)

Language: English

ISBN-10: 1580052002

ISBN-13: 978-1580052009

Product Dimensions: 5.5 x 0.5 x 8.2 inches

Shipping Weight: 11.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #1,073,748 in Books (See Top 100 in Books) [#106 in Books > Sports & Outdoors > Miscellaneous > Women in Sports](#) [#592 in Books > Sports & Outdoors > Miscellaneous > Essays](#) [#5364 in Books > Biographies & Memoirs > Sports & Outdoors](#)

Customer Reviews

Women Who Win: Female Athletes on Being the Best is an anthology of portraits of champion ten female athletes. A black-and-white photograph of each woman introduces her section, peppered with snippets of interviews, tales of training regimens, and stories of the raw struggle required to become the best of the best. The women covered are big-wave surfer Jamilah Star, jockey Julie Krone, soccer player Julie Foudy, runner Deena Kastor, gymnast Wendy Hilliard, volleyball player Misty May-Treanor, swimmer Lynne Cox, basketball player Tamika Catchings, triathlete Karen Smyers, and rock climber Lynn Hill. An amazing true account of what it takes to reach the top of one's game, and an especially inspirational read for women of all ages.

Women Who Win: a book that should be read over and over to help inspire women (and men!) who are working hard towards their lives' dreams! Covering champions of their sports, Taggart writes a quick but thorough sketch of each prize-winning athlete, covering their accolades as well as their family life, education, hurdles, and triumphs along the way. Each woman has her own approach to her discipline, but all of them have two big things: perseverance and the faith in themselves to continue on their journey. This book was given to me by a member of my gym who felt I would benefit from it, and boy was she right! As a "young professional" as I believe the social statisticians call 'em, it was particularly inspiring to read about women in a male-dominated field as I work my way up in my own male-dominated field. For those in the process of their hustle, I suggest reading one chapter a night, at least a minimum of three chapters a week, to help take a step back and see that each day is a chance to be better. Very inspirational.

great product, great price, would order again

[Download to continue reading...](#)

Women Who Win: Female Athletes on Being the Best Attract Women: Inside Her (Mind): Secrets of the Female Psyche to Attract Women, Keep Them Seduced, and Bulletproof Your Relationship (Dating Advice for Men to Attract Women) A coach's guide to creating team chemistry: Tips on coaching female athletes Games Girls Play: Understanding and Guiding Young Female Athletes Roulette Rockstar: Want To Win At Roulette? These 3 Simple Roulette Strategies Helped An Unemployed Man Win Thousands! Forget Roulette Tips You've Heard Before. Learn How to Play Roulette and Win! Audition Songs for Male and Female Singers: Gilbert and Sullivan (Book & CD) (Audition songs for male & female singers) Surgical Management of Pelvic Organ Prolapse: Female Pelvic Surgery Video Atlas Series: Expert Consult: Online and Print, 1e (Female Pelvic Video Surgery Atlas Series) Basic, Advanced, and Robotic Laparoscopic Surgery: Female Pelvic Surgery Video Atlas Series, 1e (Female Pelvic Video Surgery Atlas Series) Get inside Her: The Female Perspective: Dirty Secrets from a Woman on How to Attract, Seduce and Get Any Female You Want What Women Want When They Test Men: How To Decode Female Behavior, Pass A Woman's Tests, And Attract Women Through Authenticity Athletries: The Untold History of Ancient Greek Women Athletes American Heart Association Complete Guide to Women's Heart Health: The Go Red for Women Way to Well-Being & Vitality Best of the Best from Hawaii Cookbook: Selected Recipes from Hawaii's Favorite Cookbooks (Best of the Best State Cookbooks) Best of the Best from New Mexico Cookbook: Selected Recipes from New Mexico's Favorite Cookbooks (Best of the Best Cookbook) Best Man Best Speech: How to Be the Best Best Man Jokes : Best Jokes 2016:

(Funny books, Joke books, Funny jokes, Best jokes 2016, Best jokes 2015) (Best Jokes 2016 Bundle) BEST BOOKS: Recommended Reading-Best American Literature (Fiction & Nonfiction), Must Read Titles in English, Best Young Adult Books, the Best Kindle Books, ... Novels & Book Club Picks (Good Reads 1) May the Best Man Win (Best Men Book 1) Education Behind Bars: A Win-Win Strategy for Maximum Security Winning at Baccarat: Baccarat Strategies to Consistently Win at Punto Banco or How to Win at Baccarat to Beat the Casino, Learn all the Baccarat Gambling Rules - Helps You Play Online Baccarat, too!

[Dmca](#)